



EDUCATION



SUPPORT



ADVOCACY

 **nami** | Maryland  
National Alliance on Mental Illness

**FISCAL YEAR 2013  
ANNUAL REPORT**

RESEARCH



# ABOUT NAMI MARYLAND

NAMI operates at the national, state and local level. NAMI Maryland is the NAMI state organization in Maryland. NAMI Maryland provides educational resources and events, statewide outreach and advocacy and affiliate organizational support. NAMI Maryland also **provides the essential trainings** that allow NAMI volunteers to provide truly transformational NAMI programs such as NAMI **Family to Family**, NAMI **Basics**, NAMI **Peer to Peer**, NAMI **Connections** and NAMI **Family Support Group**, **In Our Own Voice**, and **Smarts for Advocacy**. In turn, local NAMI affiliates offer these free peer support, education and outreach programs, and engage and advocate in their communities. National NAMI provides strategic direction for the entire organization, support to NAMI's state and affiliate organizations, and engages in national advocacy, education and leadership development.

NAMI Maryland and local NAMI affiliates identify and work on critical issues that are important to our stakeholders. We also work with our national organization to educate and activate Maryland residents about national advocacy issues. Individual membership and the extraordinary work of volunteer leaders across the state are essential to NAMI Maryland and local NAMI affiliates.

**NAMI Maryland continues to expand our reach and there is increased awareness about NAMI Maryland and its affiliates. This report includes some of our activities over the past year. NAMI Maryland provided many benefits and services in Fiscal Year 2013. Here are some highlights:**

## A strong network

NAMI Maryland's network of over 30,000 families, individuals and community-based organizations and providers helped us provide many education and support programs, conduct extensive community outreach, and engage in effective advocacy.

## Helpline and Website

Our statewide helpline and website provide both support and resources. In December 2013, NAMI Maryland launched a new website. The redesign is user-friendly and provides a growing library of resources for those seeking help or knowledge.

The helpline results in useful advice, caring support and referrals. The NAMI Maryland employees and volunteers who field the calls in handle a wide spectrum of situations. They often coordinate communications and connect with the caller to decision-makers in the mental health community (including organizations, Core Service Agencies, Veterans Affairs, etc.). The callers and the situations they are calling about involve residents in every Maryland county. Many referrals are made to local NAMI affiliates and their programs.

## Peer Education and Support:

NAMI Maryland provides the trainings that allow NAMI volunteers to provide truly transformational NAMI programs in their local communities. NAMI Maryland provides:

**Ongoing Program Support:** We continue to build tools and events to strengthen NAMI Maryland's support of local program volunteers.

**The State Education Conference:** now has multiple workshops for program leaders. Offerings include skills refreshers, effective outreach, recruiting volunteers, increasing graduation rates, and ensuring diversity.

Read more about what NAMI Maryland has accomplished in the Program update.





# NAMI MARYLAND HIGHLIGHTS

## Community Outreach and Education

NAMI Maryland provides effective community, outreach and educational programs for a variety of audiences in communities across Maryland, directly and in collaboration with local NAMI affiliates. Each year we also hold an **annual public education conference** hosting leading experts in the field to speak at as many as 40 different workshops and plenary sessions.

Throughout the year, NAMI Maryland holds public workshops, meetings, webinars, and teleconference calls throughout the state on topics like mental health insurance, supported employment, understanding health-care reform and behavioral health integration. NAMI Maryland also holds specialized education and outreach programs across the state for targeted audiences, including faith leaders, minority communities, health providers, educators, law enforcement, and corrections staff.

In January 2013, NAMI Maryland planned and held the first Regional Leadership Retreat and Training to build capacity of NAMI leaders in the Mid-Atlantic region. Read more about this event below.

## Affiliate Development and Assistance

NAMI Maryland provides consultation, services and training to 12 local affiliates across the state, furthering our common mission. Our support to the affiliates includes: 1) monthly conference calls on topics of interest, e.g., outreach to underserved populations, governance and systems advocacy; 2) responding to requests for specific guidance; 3) sharing of templates in areas such as membership, financial reporting, fundraising and outreach; 4) capacity-building workshops for affiliate leaders at our annual state education conference; and 5) conference calls engaging affiliate leaders in statewide projects.

In January 2013, NAMI Maryland planned and hosted a Regional Leadership Retreat with support from Lilly Pharmaceuticals and the NAMI Maryland Affiliate Fund. NAMI Maryland's Executive Director and national staff at NAMI developed the agenda and content, facilitated workshops, action planning and coaching. Participants included current and emerging leaders from NAMI affiliates in Maryland, NAMI Virginia, NAMI Delaware, NAMI DC. The retreat included interactive training and action planning in the following areas: grassroots outreach, developing and leveraging community partnerships and networks, advocacy tools and strategies, networking, and governance and leadership. Current policy issues were explored, including the Affordable Care Act, issues around integrating substance use and mental health systems, and access to treatment and medication in all systems.

NAMI Maryland worked hard last year on the process to renew its charter as a NAMI state organization and was successfully re-chartered by National NAMI in June of 2012. For the next few years, we will focus on helping affiliates through the process. NAMI Maryland will help assess affiliate operations, and will provide training and consultation to help them meet affiliation requirements so they are able to enter into a (Re-) Affiliation Agreement with NAMI.

## Advocacy

NAMI Maryland pursues a focused and strategic campaign and public policy agenda to improve mental health and related services throughout the state, reduce discrimination associated with mental illness, and support replication of effective treatment and recovery programs for individuals and families in all parts of the state. Read more about our Advocacy highlights in the Advocacy update.

**More work needs to be done. Join with us to improve the quality of life for individuals with mental illnesses and their families.**

*"It was difficult to choose only one session in a given time period. You picked important topics that I'd like to know more about. I learned something new in every session."*

*-State Education Conference attendee*

*"The Sharing Hope workshop was very informative and needed for our church and community. Thank you!"*

*-Sharing Hope presentation attendee*

*"I learned a phenomenal amount about myself, about group process, about resources on mental illness online and the healing aspects of a competently facilitated NAMI support group."*

*-NAMI Connection facilitator trainee*

# NAMI PROGRAMS

*"After so many years, I was losing hope but the course restored my will and made me stronger by giving me many helpful tools that I didn't know I had. I have so much confidence that we can make it."*

*-NAMI Family to Family course graduate*

*"I feel more optimistic about my future and coping better than before and I've been motivated into getting back in charge of my own life from the new knowledge that was provided to me."*

*-NAMI Peer-to-Peer course graduate*

NAMI Maryland trains individuals with mental illness and relatives to teach and facilitate NAMI courses and peer support groups for other individuals and relatives in their local communities. Programs on the local level cannot happen without the training provided by NAMI Maryland. This past year nearly 100 individuals with mental illness and family members from across Maryland were trained to facilitate support groups, teach education classes and present workshops to the community. In addition, NAMI Maryland sent three individuals to NAMI's annual Train the Trainer to become state trainers. These newly trained trainers will enable NAMI Maryland to hold even more trainings, reaching even more individuals throughout the state. NAMI Maryland sometimes also coordinates, promotes, and provides courses directly where there is insufficient capacity in a local affiliate. In 2012, trained teachers/mentors led over 42 peer education courses, graduating over 490 individuals, and many more were reached by peer-support groups and outreach workshops through NAMI's signature programs:

- **NAMI Family-to-Family** is a 12-session education and skills course for families by families. 27 Family-to-Family courses were held enrolling over 500 individuals.
- **NAMI Peer-to-Peer** is a 10-session relapse prevention, recovery-focused course for individuals with mental illness by individuals who have been there. 10 classes were held throughout Maryland enrolling nearly 200 individuals living with mental illness.
- **NAMI Basics** is a 6-session education and skills course for caregivers of children with behavioral health issues. Five Basics courses were held enrolling 52 individuals.
- **NAMI Connection Recovery Support Group**, a structured problem-solving support group for individuals with mental illness, facilitated by intensively trained peers. At least 7 NAMI Connection groups are now held in Maryland.
- **NAMI Family Support Group**, a structured problem-solving support group for family and close friends is facilitated by intensively trained family members who have been there. Affiliates throughout Maryland currently offers at least 10 different Family Support Groups.
- **In Our Own Voice**, a presentation about living with mental illness by intensively trained individuals who tell their stories to educate the community, providers and others living with mental illness. NAMI Affiliates in Maryland held over 230 In Our Own Voice presentations reaching nearly 4,000 individuals in the community.

## Targeted NAMI Affiliate Program Support: A Case Study

This past year, we focused on developing specific programs in several affiliates. For example, there was a need for "consumer" NAMI programs in Harford County. We recruited and trained five NAMI Peer-to-Peer Mentors and a NAMI Connection Facilitator from Harford County. With these newly trained program leaders, and in partnership with the local Core Service Agency, we will hold the first NAMI Peer-to-Peer course in Harford County this summer! (We also provided outreach, speakers, and other support for monthly public information meetings Sept.—June.)

### Sharing Hope

NAMI Maryland provided training for a new program called *Sharing Hope*, an initiative from the national NAMI Multicultural Action Center that trains African American NAMI volunteers to make presentations to African-American faith congregations with the goal of forging partnerships, ending stigma, and encouraging greater African-American participation in signature NAMI programs. During FY 2013, we provided Sharing Hope training to more than 15 individuals, to increase outreach and engagement in the African American community.



*NAMI Peer-to-Peer Mentor training graduates*

# STATE EDUCATION CONFERENCE

At the 2012 State Education Conference, we continued 2011's very successful two-day conference format. The conference offered two days' worth of practical, skill-building workshops for individuals with mental illness, family members, mental health service providers, community leaders, individuals working in criminal justice, and local NAMI leaders. There were more than 40 workshops over two days, full of useful information.

We were pleased and honored that Friday's plenary speakers joined us to share their expertise in mental health and healthcare reform:

- **Anthony Brown**, Lieutenant Governor, Maryland
- **Dr. Josh Sharfstein**, Secretary, Maryland Department of Health and Mental Hygiene
- **Charles J. Milligan, Jr.**, Deputy Secretary, Health Care Financing, Maryland Department of Health and Mental Hygiene
- **Dr. Gayle Jordan-Randolph**, Deputy Secretary for Behavioral Health, Maryland Department of Health and Mental Hygiene

On Friday evening, NAMI Maryland hosted a special Authors' Reception featuring authors and creative minds behind books focusing on mental illness. After the Friday reception, at 7:00 p.m., there was special performance of Michael Mack and his award-winning solo show, **Hearing Voices (Speaking in Tongues)**. He inspired the audience with his family's story of love and redemption.

Saturday's schedule was also full of workshops. Not only did we have Dr. Brian Hepburn, Executive Director for the Mental Hygiene Administration, speak at the Saturday plenary, we also had a special presentation called: *Voices of Recovery*. Individuals and family members living with mental illness shared their powerful stories: stories which resonated with the audience. NAMI Maryland believes that the sharing of personal experience can transform public and personal understanding of mental illness and empower those who speak.

Health care wasn't the only topic covered at the conference. Attendees learned about treatment options for individuals with mental illness; and programs that integrate a wide variety of services for people with mental illnesses and substance use disorders, including job training, rehabilitative services, and use of the arts. Advocacy training sessions explained how to connect with lawmakers using facts and anecdotes, suggest solutions, and follow up afterward. Other workshops offered tips on telling powerful, effective stories about experiences with mental illness.

Experts in law enforcement discussed the need to advocate for more enlightened practices, provided introductory training for first responders and corrections staff about how to de-escalate potentially dangerous crisis situations.

The conference directly serves over 200 participants from across the state, and serves many more through the extensive resources posted on our website afterwards.

**SAVE THE DATE! The 2013 NAMI Maryland Education Conference is October 17-19 at Sheppard Pratt Conference Center in Towson.** Keep informed by going to [www.namimd.org](http://www.namimd.org) and sign up to get our E-news. Become a member! Get involved!



*Lt. Governor Anthony Brown speaking at the conference on mental illness and veterans issues.*



*Dr. Hepburn speaking at the Saturday plenary*



# MARYLAND NAMIWALKS

In Fiscal Year 2013, NAMI Maryland coordinated two NAMIWalks events. In May of 2012, over 3,500 people from around the state gathered for the two Maryland NAMIWalks in Silver Spring at Veterans Plaza and in Baltimore, at Rash Field in the Inner Harbor. This was NAMI Maryland's tenth year holding NAMIWalks!

The awareness generated by the walk is crucial to NAMI's goal to eliminate the stigma that continues to surround those with mental illness and to gain support for affordable, world-class treatment and recovery systems for people whose lives are affected by mental illness.



NAMI Maryland coordinates the NAMIWalks in Maryland to spark conversations about mental illness. Local NAMI affiliates in Maryland partner with us to energize individuals and organizations across Maryland, raising awareness and funds for local and statewide NAMI work to fight stigma, help people through crises, and provide much needed support and education about mental illness. All the funds collected by Walkers will be used to fund NAMI's programs in Maryland. Proceeds from NAMIWalks help us offer trainings for essential, practical education and support at no cost to our local community through programs like:



- NAMI Peer-to-Peer courses
- NAMI Family-to-Family education programs
- NAMI Support Groups

At the Silver Spring Walk, Dr. Brian Hepburn, Executive Director of the Mental Hygiene Administration, and Sara Rosen, representative for Congressman Van Hollen participated in the opening ceremony. At the Baltimore Walk, Delegate Mary Washington (District 43) and Dr. Jordan-Randolph, Deputy Secretary, Behavioral Health & Disabilities participated in the opening ceremony. After the walk, many walkers made a day of sightseeing and spending time at the venues after the walks.



Our sincere thanks to the people who walked, the people who asked others to participate, and the people who raised money by reaching out to their network of friends and family. You helped raise awareness about the vital work that NAMI does and helped to begin the public conversation about mental illness. We also extend a big thank you to all who helped make Walk Day so much fun! So many volunteers helped with setting up, running registration, handing out water, and cleaning up, and we absolutely could not have done it without you!



With your help we can continue to increase public awareness about mental illness and the effects that it has on the lives of millions of Americans every year. At the same time, we can raise much needed dollars to help fund NAMI support, education and advocacy programs in the Maryland.

***Since the end of Fiscal Year 2013, even more people participated in the May 2013 Maryland NAMIWalks!  
We're already planning the 2014 Walks:  
Let us know how you would like to be involved.***

# ADVOCACY HIGHLIGHTS

NAMI Maryland is a strong voice on mental illness, carrying out ongoing advocacy for a public policy agenda to improve mental health services throughout the state, reduce the stigma associated with mental illness, and support effective treatment and recovery programs. Here are just a few highlights of Fiscal Year 2013:

## Legislative Advocacy

NAMI Maryland was very engaged in a number of critical efforts during the 2013 Session of the Maryland General Assembly. With an improved revenue forecast for the state this year, the focus of the mental health arena during the session was directed toward policy issues impacting the mental health safety-net. On the heels of the Sandy Hook Elementary tragedy, there were a number of legislative bills introduced drawing a correlation between mental illness and violence. Working with our coalition partners, NAMI Maryland helped to fend off these efforts that would have led to greater stigma of individuals coping with mental illness. Other efforts that were successful this session included passage of portions of comprehensive legislation addressing gaps in the public mental health safety net, as well as legislation to advance health care reform and the federal parity law.

## Advocacy Training and Advocacy Day in Annapolis

In preparation for the 2013 Advocacy Day at the state legislature, NAMI Maryland hosted an advocacy training conference call for advocates. Participants learned how important it is to effectively share their personal connection to mental illness and how they have been helped by funded mental health services. Given an increased focus this year on getting our grassroots mobilized, we made our mark with legislators in Annapolis with the largest number of Advocacy Day participants to-date. NAMI advocates shared how mental illness impacts their lives, expressed support for increased funding for mental health programs, and gave out NAMI Maryland resource packets. All 138 elected officials in the General Assembly received a resource packet from NAMI Maryland highlighting our priorities. We were also very visible and engaged with the rally held by the Mental Health Coalition that hundreds of mental health advocates attended in Lawyer's Mall to support increased funding in the state budget.



*Kate Farinholt speaking at the Advocacy Day rally.*

## Transition Age Youth (TAY) or “Emerging Adults”

Many individuals with mental illnesses are first identified or exhibit major mental illness between the ages of 14-26. In addition, children with already detected disorders often have difficulty transitioning from children's to adult service systems. In January 2013, Kate Farinholt worked with National NAMI to develop a draft for position paper, “Developing Effective Services and Supports for Youth and Young Adults with Mental Illness.” The draft highlights the areas where additional resources are needed to create effective services and supports. Through NAMI Maryland's work in this area, the organization for the first time has been invited to the table of key stakeholders charged with developing policies for the future of TAY programming in Maryland.

## Crisis Intervention Teams (CIT)

During the 2013 legislative session, NAMI Maryland helped draft and advocated support for the adoption of HB 1377/SB 956. The companion bills' purpose was to create a *Mental Health and Law Enforcement Advisory Board* that would develop statewide standard and protocols to improve public safety in situations involving mental health crisis and police interaction. The successes of CIT are well documented: they reduce arrests of individuals with mental illness in crisis, and improve the chances that an individual needing mental health care will get care rather than go to jail. Over the long term, these individuals spend more time in the community, rather than in jail or the hospital, saving taxpayer money. Although the bills did not pass during the legislative session, NAMI Maryland's advocacy in the area of CIT with local, state and national partners within the criminal justice and mental health systems has led to the organization being asked to co-chair a subcommittee group working with DHMH to establish a statewide process for implementing CIT programs to improve police response to mental illness.

## NAMI Maryland Public Policy Committee/ Project Impact

With input and guidance from NAMI National, in the fall of 2012, “**Project Impact**” was launched as a strategic planning process and the development of a policy and advocacy structure and process which are under continuing refinement. Further development of the Public Policy Committee is a top priority area. This effort will entail NAMI Maryland facilitating a variety of dialogues to understand the spectrum of issues facing our communities.

# 2013 FINANCIALS

*NAMI Maryland*

*March 31, 2013*

*(Preliminary & Unaudited)*

## Statement of Financial Position

### ASSETS

Cash	\$14,375
Grants & Contracts Receivables	30,230
Other Receivables	2,787
Prepaid Expenses	29,481
Deposits	2,809
<b>Total Current Assets</b>	<b>\$79,682</b>

T.Rowe Price Investment, at fair value	\$283,010
Fixed Assets, net of depreciation	26,337
Inventory (for resale)	1,405
<b>Total Assets</b>	<b>\$390,434</b>

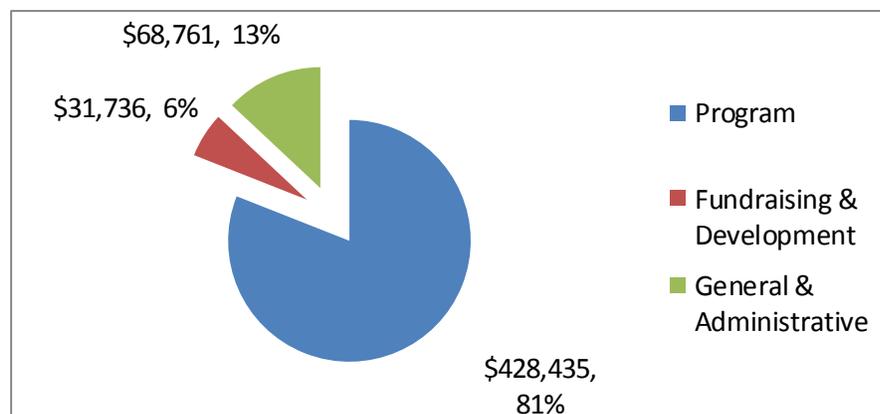
### LIABILITIES & NET ASSETS

Accounts Payable	\$11,087
Other Payables	3,021
Accrued vacation	6,247
Deferred Revenue - NAMIWalks	31,741
Line of Credit	14,694
<b>Total Current Liabilities</b>	<b>\$66,790</b>

### Net Assets:

Unrestricted	
Undesignated	\$237,823
Board Designated	70,821
Temporarily Restricted	15,000
<b>Total Net Assets</b>	<b>\$323,644</b>
<b>Total Liabilities &amp; Net Assets</b>	<b>\$390,434</b>

### EXPENSE ALLOCATIONS



# 2013 FINANCIALS

## NAMI Maryland

### Statement of Activities

For the twelve months ending March 31, 2013

*(Preliminary & Unaudited)*

	3/31/2013 Actuals	FY 2013 Budget	Dollar Variance CY Actuals to Budget
<b>REVENUES:</b>			
Grants & Contracts	\$308,724	\$317,000	(\$8,276)
Contributions	52,884	33,000	19,884
Combined Charities	9,036	10,000	(964)
Membership Dues	9,344	6,200	3,144
NAMIWalks, net (Income \$227,998 net of expenses \$141,984)	86,014	98,000	(11,986)
Fees for Service	3,117	5,000	(1,883)
Program Events & Development	29,611	41,000	(11,389)
Investment Income	9,485	700	8,785
Miscellaneous Income	902	0	902
<b>Total Revenues</b>	<b>\$509,117</b>	<b>\$510,900</b>	<b>(\$1,783)</b>
<b>EXPENSES:</b>			
Salaries & Benefits	\$252,940	\$268,683	(\$15,743)
Contracted Services	100,433	97,850	2,583
Training Expenses	27,520	37,400	(9,880)
Program Events & Development	33,552	25,800	7,752
Educational Materials	8,531	10,000	(1,469)
Furniture/Equipment/Software	5,461	3,500	1,961
Equipment Lease/Rentals/Maintenance	11,337	9,800	1,537
Printing (external)	5,398	2,500	2,898
Office Supplies & Postage	6,414	7,500	(1,086)
Travel	4,235	4,500	(265)
General & Administrative	11,400	6,510	4,890
Communications	8,828	9,800	(972)
Insurance	1,990	2,000	(10)
Occupancy ( <i>Rent, Utilities, Repairs &amp; Maintenance</i> )	35,853	35,803	50
Grants - Affiliate Fund	15,040	20,000	(4,960)
<b>Total Expenses</b>	<b>\$528,932</b>	<b>\$541,646</b>	<b>(\$12,714)</b>
<b>Net Income/(Loss)</b>	<b>(\$19,815)</b>	<b>(\$30,746)</b>	<b>\$10,931</b>

## MAJOR DONORS TO NAMI MARYLAND (\$500 AND ABOVE)

Baltimore Mental Health Systems	\$208,667	Penelope Pestle	\$1,000
Charles Crane Family Foundation	\$30,000	Dr. Steven S. Sharfstein	\$1,000
Leonard & Helen R. Stulman Foundation	\$30,000	Mr. Donald Slater	\$1,000
Eli Lilly and Company	\$25,000	Anne R. Eckfeldt Fund	\$942.96
The Progress Family Foundation	\$10,000	Ken Parker	\$600
Motorola Solutions Foundation	\$8,630	Eileen Thompson	\$600
Rite Aid Foundation	\$4,750	Ms. Ellen Woodall	\$520
Harford County Core Service Agency	\$3,750	Marcy and Neil Cohen	\$500
Anne and Ronald Abramson Family Foundation	\$2,500	Karen Gorham	\$500
Shire Pharmaceuticals	\$2,500	C. H. Lanzi	\$500
Dartmouth College	\$1,800	Maryland Treatment Centers, Inc.	\$500
Ben Hackerman	\$1,500	Linda Matheny	\$500
Zanvyl & Isabelle Krieger Fund	\$1,500	Mosaic Community Services	\$500
Lester Poretsky Family Foundation	\$1,500	Sigrid Reynolds	\$500
Dr. Robert Conley	\$1,000	Sigmund and Barbara Shapiro Philanthropic Fund	\$500
NAMI (Arlington, VA)	\$1,000		

## 2012 NAMIWALKS SPONSORS

### GOLD — \$5,000

CIGNA  
Whiting-Turner Contracting Company

### SILVER — \$2,500

Otsuka  
Sheppard Pratt Health System  
University of Maryland Medical System  
University of Maryland- Dept. of Psychiatry

### START/FINISH LINE — \$1,500

Baltimore Mental Health Systems  
EZ Go Car Rental  
Magellan Health Services

### WALK AWARDS RECEPTION — \$1,500

Bristol-Myers Squibb Company

### BRONZE — \$1,000

Alliance, Inc.  
Cabinet Discounters  
Eli Lilly and Company  
Help in the Home  
Howard County General Hospital  
Janssen Pharmaceuticals, Inc.  
MedStar Montgomery Medical Center  
People Encouraging People  
Shire Pharmaceuticals  
Suburban Hospital

### SUPPORTER — \$500

Central Roofing, Siding, and Windows Co.

The Columbia Bank  
ezStorage  
Humanim  
Johns Hopkins Medicine  
Maryland Primary Care Physicians  
Maryland School Psychologist Association  
Mental Hygiene Administration (in-kind)  
Morgan State University  
Mosaic Community Services  
Rose Financial Services  
Starbucks (in-kind)  
TEVA Neuroscience, Inc.  
Tim Hogan  
Total Healthcare, Inc.  
Way Station- Howard County

### KILOMETER — \$250

Baltimore Behavioral Health  
Baltimore Crisis Response, Inc.  
Calvary Baptist Church  
Community Behavioral Health Association  
Eric Levine and Associates, LLC  
Johns Hopkins Community Physicians  
Maryland Foundation for Psychiatry  
Mental Health Association of Maryland  
Michael D. Sisk and Company  
Sound Empire Entertainment, LLC  
The Peterson Companies  
Transition Guides  
Treatment Solutions Network  
Vision Source of Linthicum

## 2012 NAMI MARYLAND CONFERENCE SPONSORS

### GOLD — \$2,500

Janssen Pharmaceuticals, Inc.  
Otsuka  
Pfizer, Inc.  
Sheppard Pratt (in kind)

### RECEPTION — \$1,500

Forest Laboratories, Inc.  
Genentech

### SILVER — \$1,000

CareFirst BlueCross BlueShield  
TEVA Neuroscience, Inc.

### BRONZE — \$500

Family Services, Inc.  
Maryland Association of Core Service Agencies  
Maryland School Psychologists  
Mental Hygiene Administration  
Trilogy Integrated Resources LLC (Network of Care)  
University of Maryland - Dept. of Psychiatry

### COPPER — \$250

On Our Own Of Maryland, Inc.  
Mosaic Community Services  
The National Institute of Mental Health



**BOARD MEMBERS SERVING  
IN FISCAL YEAR 2013:**

Don Slater—President  
Christopher Griffin— 1st Vice President  
Suzanne Harvey– Secretary  
Sue Diehl- Treasurer  
Janet Edelman  
Tamara Ervin  
Msafiri (Yoko) Makembe  
Clarissa Netter  
Sandra Paluzzi  
Royal Riddick  
Steven S. Sharfstein, MD

**STAFF:**

Kate Farinholt..... Executive Director  
Derrick Richardson..... Policy & Advocacy Director  
Kristin Knott ..... Program and Training  
Coordinator  
Ashley Haynes..... Outreach, Education and  
Events Coordinator  
Penelope Freire..... Administrative Assistant

**CONTRACTED**

Mary Fornoff.....CPA  
Karin Hack.....Communications and Fund  
Development Coordinator

**LOCAL NAMI MARYLAND AFFILIATES**

NAMI Anne Arundel County	443-569-3498
NAMI Carroll County	410-857-3650
NAMI Cecil County	443-955-4963
NAMI Frederick County	240-379-6186
NAMI Harford County	410-879-8570
NAMI Howard County	410-772-9300
NAMI Lower Shore	443-229-2744
NAMI Metropolitan Baltimore	410-435-2600
NAMI Montgomery County	301-949-5852
NAMI Prince George’s County	301-429-0970
NAMI Southern Maryland	301-737-1988
NAMI Washington County	301-824-7725

**NAMI MARYLAND’S WORKPLACE CHARITY NUMBERS:**

**4186-** The United Way of Central Maryland  
**80114-** CFC of the Chesapeake Bay Area and National Capital Area.  
**5697-** Combined Charity Campaign for Baltimore City  
**4900-** Maryland Charity Campaign

**LET US KNOW IF YOUR WORKPLACE HAS A GRANT OR MATCHING GIFT PROGRAM**

10630 LITTLE PATUXENT PARKWAY, STE. 475  
COLUMBIA, MD 21044

T: 410.884.8691 TOLL-FREE: 877.878.8691 E: INFO@NAMIMD.ORG WWW.NAMIMD.ORG

# NAMI MARYLAND



## **OUR MISSION**

THE MISSION OF NAMI MARYLAND IS TO IMPROVE THE QUALITY OF LIFE FOR INDIVIDUALS WITH SEVERE MENTAL ILLNESSES AND THEIR FAMILIES. WE ARE DEDICATED TO PROVIDING EDUCATION, SUPPORT AND ADVOCACY FOR PERSONS WITH MENTAL ILLNESSES, THEIR FAMILIES AND THE WIDER COMMUNITY.

## **OUR PASSION AND PROMISE**

IT IS OUR CORE PRINCIPLE THAT EMPOWERING FAMILY MEMBERS AND INDIVIDUALS IS A CRITICAL FACTOR IN RECOVERY, AND A POTENT FORCE IN PROVIDING COMMUNITY EDUCATION AND BRINGING ABOUT SYSTEMIC CHANGE. NAMI MARYLAND IS A UNIFYING VOICE AND A SKILLED PROVIDER OF KNOWLEDGE AND SKILLS AT THE GRASSROOTS LEVEL. NAMI MARYLAND PROMISES TO WORK TO BUILD BETTER LIVES FOR MARYLANDERS AFFECTED BY MENTAL ILLNESS.



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