The National Institute of Mental Health estimates that 18.6% of people in the United States have a mental illness in any year. The World Health Organization estimates that one in four families has at least one member with a mental or behavioral disorder.

Mental illness is an issue for all Marylanders. Individuals and families must cope with stigma, a confusing and often inadequate service delivery structure, ignorance about local resources, and quite simply, trauma. Mental illness can lead to lost productivity, poverty, homelessness, incarceration and broken family relationships. Mental illness affects the individuals, the family and the community. But with support and education, adequate and accessible services and a caring community, individuals and their families can live full, satisfying lives.

NAMI Maryland meets this challenge directly by conducting extensive outreach, support and education, in-person and through various media, a helpline, grassroots advocacy and many other activities. We meet this challenge by working with and strengthening local affiliates to help them function effectively to offer education and support programs and advocate at the local level, and by collaborating with, and leveraging, the many networks and organizations with which we connect.

The values that inform all NAMI Maryland actions include:

- **Families and individuals with mental illness** are the experts. We can use our personal experience to improve systems and to provide community outreach and education.
- **Effective peer-based, recovery-oriented programming and services**—Proven NAMI programs are led by intensively trained family members and individuals with mental illness for their peers.
- **Volunteers and community partners**—We leverage the power and networks of volunteers and community partners to spread NAMI’s message of hope and effective advocacy.

Our core activities include:

- **Internet and Toll-Free Statewide Helpline**—We field many requests for information and support through an internet and phone “warm line;” providing hope and useful information and linkage to support and resources.
- **Peer Education and Support**—We offer effective, FREE peer education and support programs, delivered at the local level directly and in collaboration with local NAMI affiliates.
- **Community Outreach and Education**—We provide effective community education and outreach directly and in collaboration with local affiliates, community partners and networks.
- **Policy & Advocacy for Systems Improvement**—We identify and work on critical issues of importance to our stakeholders, in collaboration with our national organization, local NAMI affiliates and many advocacy partners.
- **Affiliate Development and Assistance**—We provide services and consultation to 12 local affiliates and several emerging NAMI groups across the state, furthering our common mission.
- **Improving Organizational Governance and Operations**—We work toward sustainability and effectiveness.

NAMI Maryland and its affiliates move the NAMI mission forward through the extraordinary work of volunteers and leaders across the state. Individual members and community partners leverage their networks to expand our reach!

More work needs to be done. Join with us to improve the quality of life for individuals with mental illness and their families.
NAMI Peer Education and Support Programs are best practice education courses and support groups provided for and by peers: families are trained to support other families. Individuals with mental illness are trained to support other individuals.

NAMI Maryland provides the trainings for family members and individuals living with mental illness to become peer course teachers and support group facilitators. Once trained, these individuals deliver NAMI program offerings in their community.

NAMI Maryland supports local affiliates in delivering NAMI signature programs throughout Maryland. We regularly consult on program planning and problem solving. We advise on community outreach, teacher and facilitator recruitment, and program implementation.

NAMI Maryland also supplements the work of local affiliates by coordinating statewide outreach and by offering programs directly. For example, this year NAMI Maryland coordinated two NAMI Peer-to-Peer course held in Cecil County, and three NAMI Homefront courses in Maryland serving military services members, veterans and their families.

In FY 2016, over 150 individuals with mental illness and family members from across Maryland were trained to facilitate NAMI support groups and teach NAMI education courses.

We also resourced many additional teachers and facilitators who were initially trained in prior years.

Thank you to the many dedicated teachers, mentors, facilitators, presenters and trainers who make all of these programs possible!
Internet and toll-free statewide helpline: NAMI Maryland handles requests for information and support through an internet and phone “warm line.” We provide useful information and link people to support and resources. Our calls and internet requests have greatly increased as our community outreach and visibility continues to make an impact. The helpline is often the first contact people have with NAMI. We work very hard to make sure they get a helpful and caring response.

We will continue to focus attention on this important area of service.

To meet the increased need this year we have:
- Recruited new volunteers to help answer phone and online requests for support and information.
- Developed new resource materials to meet common requests for information.
- Developed introductory helpline training workshops for staff, interns and volunteers. In these classes, trainees focused on listening skills and learned how to answer common questions.

Plans for the Future:
We are developing an array of resources and responses that can easily be used for our many helpline requests.

NAMI Workshops by Core Stakeholders:
Training Program Graduates to Deliver Workshops

NAMI Maryland offers trainings for individuals and family member graduates of our local peer programs to deliver effective scripted workshops using their personal experience for a variety of audiences including:
- the general public
- emergency responders
- criminal justice personnel
- faith congregations and leaders
- school personnel
- health providers
- social service providers
- behavioral health providers

NAMI In Our Own Voice, a presentation about living with mental illness, is facilitated by intensively trained individuals who use their personal experience in a structured workshop for the community, providers and others living with mental illness.

Ambassadors
Graduates of NAMI programs for family members are intensively trained to deliver multiple workshops, including:
- Basics About Mental Illness
- Engaging and Working Effectively with Families
- Caring for Every Child’s Mental Health
- Working with Families in Crisis (for police and emergency staff)
- Improving Patient and Family Experience in the Emergency Department

Also available:

What is Recovery? A new workshop delivered by trained individuals with mental illness and family members

Raising Mental Health Awareness: college campus
Sharing Hope: faith communities
Ending the Silence: K-12 school communities
Hearts and Minds: taking care of physical health

Thank you to the dedicated presenters, trainers, and numerous outreach volunteers and partners who make our expanding community education and outreach possible!
NAMI Maryland provides effective community education and outreach directly, and in collaboration with local affiliates, community partners and networks.

Our outreach activities are varied and vigorous, targeting every part of the state. In addition to 12 community based affiliates, several groups working toward affiliate status, and NAMI on Campus groups, we work with a network of more than 38,000 individuals and organizations from every socioeconomic, racial, ethnic, professional and community audience who share our interests and mission.

In addition to NAMI outreach programs presented by trained family members and individuals with mental illness, we offer:

- Annual Two Day Multi-Track Conference
- Annual NAMIWalks Maryland
- An increasing online presence through social media, e-news, action alerts and an expanding website.
- Topical Newsletter-We mailed quarterly newsletters to paid members, posted them online, and distributed through our partners and networks.
- Print Resource Materials provide useful and practical information distributed through the helpline and outreach.
- Media-We consulted regularly with media this year, including the Washington Post, NPR Radio, WBAL TV, and many other media outlets.
- Free Teleconferences and Webinars on topics of interest.
- Surveys and Reports-Learning from our stakeholders.
- Participation in Events-NAMI Maryland staff and volunteers attended and provided displays and resource materials at more than fifty community events across Maryland.
- Collaborative Events-This year, we helped launch the web-based Mental Health Channel by hosting a VIP reception and viewing.
- Viral Grassroots Marketing & Outreach-Our stakeholders, many supporters and partners help us by leveraging their networks to get the word out!

In 2015, NAMI Maryland was selected to be an Outreach Partner by the National Institute of Mental Health (NIMH), joining a nationwide network of 55 mental health organizations committed to educating the public about the importance of research and the opportunities to

Workshops and Trainings:
This year we provided more than 35 special presentations and provided resources to countless audiences including government agencies; community-based organizations; civic organizations; professional organizations; faith leaders and congregations; first responders & emergency staff; colleges, universities and K-12 staff; parents and students; behavioral health & health agencies and provider staff; social service agencies and staff; cultural, ethnic & minority forums.

Some of the Topics:
- Confronting Stigma: How to Use Personal Stories
- Violence, Mental Illness and Stigma: The Real Story
- Effective Police Response to Mental Illnesses
- Children with Mental Health Issues: What Families Need
- Identifying and Effectively Engaging Families
- Engaging Family Members and Individuals in Systems Design
- Helping Emerging Adults with Mental Health Challenges
NAMI Maryland’s **2016 Public Policy Priorities** outlined key objectives to support our goal of ensuring that individuals with mental illness are able to access timely, effective treatment and recovery services, and that they and their families have the supports needed to lead full and productive lives in their community.

1. Protect and expand access to timely and effective mental health treatment and services in the FY2017 Behavioral Health and Medicaid budgets.
2. Reduce barriers that disrupt access to timely service and continuity-of-care for individuals with mental illness.
3. Ensure full implementation of the Affordable Care Act in Maryland. Uphold the anti-discrimination provisions, including mental health parity.
4. Improve the criminal justice system’s response to individuals with mental illness and their families and increase diversion from criminal justice to community services, wherever possible.

“We can’t let our community health providers drift in the wind during every budget cycle. Behavioral health might not be a household name, but it is a household need!” - Delegate Antonio Hayes (Baltimore City)

**WINS AND SUCCESSES**

- NAMI Maryland testified in favor of a 2% increase in the Maryland Behavioral Health Administration (BHA) budget and later in favor of supplemental funding for community behavioral health providers. The final budget that passed on March 26, 2016 included the increase.

- On May 10, 2016, **SB 551 (Pugh)/HB 682 (Rosenberg)** became law and directs the Maryland Behavioral Health Advisory Council (MBHAC) in consultation with local Core Service Agencies, community behavioral health providers and stakeholders to develop a strategic plan to ensure that crisis services are available statewide. NAMI Maryland Executive Director, Kate Farinholt, is one of the appointed members of the MBHAC.

- On April 26, 2016, **SB 929 (Klausmeier)/HB 1318 (Kelly)** became law and requires insurance companies to provide greater transparency and accountability about the plans they offer and that they meet specific requirements for network adequacy and accurate provider directories. Maryland is one of the first states in the country to adopt the National Association of Insurance Commissioners Draft Model Act on Network Adequacy.

- On April 7, 2016, **SB 899 (Klausmeier)/HB 1217 (Sample-Hughes)** became law and directs DHMH to adopt regulations necessary to ensure that Medicaid is in compliance with the federal Mental Health Parity and Addiction Equity Act and the Affordable Care Act. DHMH must include standards regarding treatment limitations for specialty mental health and substance use disorder services.

- On May 19, 2016, Governor Hogan signed into law the **Justice Reinvestment Act (JRI) - SB 1005/HB 1312**, a 112-page bill to reform Maryland’s criminal justice system. NAMI Maryland made a powerful and successful case to include funding for community behavioral health programs in the bill.
NAMI Smarts for Advocacy is designed to enhance advocacy skills and help individuals shape a powerful and personal story that will move elected officials and others about the impact public policy decisions have on individuals with mental illness and their families.

We kicked off 2016 by hosting a Smarts for Advocacy teacher training. The Smarts for Advocacy teacher training is designed to equip members from local affiliates across the state to bring NAMI Smarts for Advocacy to their local area. After an extremely successful training, NAMI Maryland certified eleven NAMI Smart for Advocacy teachers from NAMI Howard County, NAMI Metropolitan Baltimore and NAMI Montgomery County.

Affiliates were able to hold a Smarts for Advocacy course for their members before NAMI Maryland’s Advocacy Day on February 25, 2016 in Annapolis, Maryland. The course prepared attendees to share their story while discussing our top four legislative priorities.

On February 25, 2016, NAMI Maryland held our annual Advocacy Day in Annapolis. Almost 100 NAMI Maryland members and supporters from around Maryland traveled to Annapolis to meet with their elected officials. Every member of the General Assembly was hand-delivered a packet of information that outlined NAMI Maryland’s advocacy priorities for the 2016 legislative session.

Once our legislative visits were complete, NAMI Maryland members and supporters joined 500+ advocates at a rally to stand up for the more than 1 million Marylanders who live with a mental illness or substance use disorder.
Over 200 people gathered on October 16-17 for our sold-out Annual Conference. The conference offered two days’ of practical and skill-building workshops for individuals with mental illness, family members, mental health service providers, community leaders, individuals working in criminal justice, and local NAMI leaders.

Plenary speakers on both days updated us about health and mental health care reforms and shared their insights about effective mental health care.

- Richard T. McKeon, Ph.D., MPH, Chief, Suicide Prevention Branch, SAMHSA
- Stephen T. Moyer, Maryland Secretary of Public Safety and Correctional Services
- Mary Giliberti, J.D., Executive Director, NAMI

A special plenary on Saturday afternoon featured a screening and stories by the Mental Health Channel.

There were more than 30 workshops over two days, covering a wide variety of topics. Advocacy training sessions explained how to connect with lawmakers, suggest solutions, and follow up afterward. Workshops covered a wide range of topics including suicide prevention, improved police response to mental illness, children and adolescent issues, best treatments for various disorders, integrated treatment for co-occurring mental illness and substance use, and more.

Guests also had the opportunity to visit with over 20 exhibitors who provided information on a wide variety of mental health services.

On May 16, 2015, over 1,500 people gathered for the 13th Annual NAMIWalks Maryland in Baltimore at West Shore Park in the Inner Harbor.

NAMI Maryland coordinates the local NAMIWalks to spark conversations about mental illness. Local NAMI affiliates in Maryland partner with us to energize individuals and organizations across the state, and the funds raised helped us and our affiliates continue to offer our free support and education programs.

Denise Koch, anchor for WJZ Baltimore, emceed. Dr. Leanna Wen, Baltimore City Health Commissioner, spoke about the importance of increased services for mental health and read the Proclamation from Mayor Stephanie Rawlings-Blake while Dr. Brian Hepburn of the Behavioral Health Administration read the Proclamation from the Governor. Senator Ben Cardin and Mrs. Myrna Edelman Cardin, Honorary Walk Chairs, cut the ribbon commencing the festivities. After the walk, participants heard live music, enjoyed food provided by area food trucks, and visited our many exhibit booths.

Thanks to those who walked and raised money by reaching out to their network of friends and family. You helped raise awareness about the vital work that NAMI does and helped to begin the public conversation about mental illness. We could not have done it without you!
2015 Sponsors

Annual Conference Sponsors

Gold—$5,000
Astra Zeneca

Titanium—$2,500
Behavioral Health System Baltimore
Otsuka
Affiliated Sante Group
Beacon Health Options

Silver—$1,000
Sheppard Pratt Health System
Maryland Department of Education
Division of Rehabilitation Services
Lundbeck, LLC
Sunovion
The Bergand Group

Gold—$5,000
Alkermes, Inc.
CIGNA
The Whiting-Turner Contracting Company
Otsuka

Silver—$2,500
Kinect3Study
Lundbeck, LLC
Sheppard Pratt Health System
Sunovion
University of Maryland Emergency Medicine Network

Start/Finish Line—$1,500
Anne Arundel Medical Center

Bronze—$1,000
Help in the Home, LLC
Mental Health Association of Maryland
Suburban Hospital
University of Maryland Medical System
University of Maryland

Supporter—$500
Alliance, Inc
Behavioral Health System Baltimore
Church Insurance Partnership Agency
CooperRiis Healing Community
Ellin & Tucker
Humphrey Management
Johns Hopkins Medicine
Kohl’s
People Encouraging People, Inc.
Powers, Pyles, Sutter and Verville PC
Soccer Sensations, LLC
United Capital Financial Advisors
University of Maryland Baltimore Washington Medical Center Way Station, Inc.

Kilometer—$250
Kennedy Krieger Institute—Clinical Trials Unit
DTZ

NAMIWalks Maryland Sponsors

Gold—$5,000
Precision Toxicology
University of Maryland Department of Psychiatry

Bronze—$500
Hudson Health Services
Maryland Association of Course Service Agencies
Maryland Addiction Professional Certification Board
University of Maryland Pharmaceutical Health Services Research
Family Servies, Inc.
Sharon Christie Law
Improve Your IT
Baltimore Crisis Response, Inc.
Arundel Lodge
mdlogix

Silver—$2,500
Kinect3Study
Lundbeck, LLC
Sunovion
University of Maryland Emergency Medicine Network

Start/Finish Line—$1,500
Anne Arundel Medical Center

Bronze—$1,000
Help in the Home, LLC
Mental Health Association of Maryland
Suburban Hospital
University of Maryland Medical System
University of Maryland

In Kind Donations
Drink More Water
Mental Health Administration
Satori Massage Services
The Exclusives
Wegmans
CVS
DC United
Frederick Keys
Birroteca
CrossFit PCR

Atlas Container
Elvive and Associates, P.C.
ezStorage
Improve Your IT
Koons Toyota of Annapolis
Maryland Foundation for Psychiatry
Ober Kaler Attorneys at Law
One World Family Travel, LLC
Sound Empire Entertainment, LLC
Unit Construction, LLC
Walmart Store #3720
Weyrich, Cronin & Sorra
WIN Family Services
Improving Governance and Operations

NAMI Maryland must continue to increase our capacity to support the *growing demand* for our programs, outreach and advocacy. In addition, our state organization has a new, more extensive role in helping our local affiliates meet the *NAMI Standards of Excellence* and completing the new *re-affiliation process*. NAMI Maryland continues to work to improve our operations and governance within the constraints of time and resources.

**Operations Highlights:**
- **Staff** We now have 5 full time and 3 hourly workers. Dedicated office volunteers have been a great help in completing the day-to-day tasks that keep our office running smoothly.
- **Interns** We continue to develop close relations with area colleges and have built a robust internship program. 20 interns representing 8 different schools were represented throughout FY 2016. Interns work on the NAMIWalk and conference, program trainings, affiliate development, website and helpline support and many special projects.
- **Helpline** Staff, interns and office volunteers answer the increasing number of internet and phone helpline calls received by our office every day. We are strengthening our helpline training programs to improve the level of service we provide to the people who reach out to us.
- **Space and Equipment** Our space was renovated in the Fall 2015 to provide more efficient and pleasant work, meeting and storage space. We now have increased storage and a larger, dedicated conference room. With the support of donors, we continue to upgrade our IT systems, equipment and work space.
- **Constituent Relations System (CRS)** There are nearly 38,000 records in our CRS where we can track helpline contacts and issues, program and event attendance, volunteer efforts, advocacy interests, membership, donations, and the many individuals, organizations and networks that help us do our work.
- **Internal Controls, Processes and “Toolkits”** We continue to develop and implement operational processes and tools and templates to improve the efficiency and consistent quality of our operations.

**GOVERNANCE**

One of NAMI Maryland’s key goals under its current strategic plan is an effective, representative and best practice governance structure and process.

With input from its many stakeholders, NAMI Maryland began a new cycle of strategic planning during this period. The basic goals and direction of NAMI Maryland’s current strategic plan will continue, though enhancements are being considered. The goals and objectives of the revised plan will be finalized by Fall 2016. The plan will be operationalized over the next year with consideration to priorities, timing and increasing capacity to achieve the plan.

NAMI Maryland continued to make strides toward achieving one of its core goals; improving NAMI Maryland board and committee governance process, structure and activities. This will continue to be a goal for the organization.

NAMI Maryland’s bylaws and its policies were completely reviewed during this period. The Board and staff recommended a complete revision, and the bylaws will be voted on in June 2016.

**Governance Structure**
- Board of Directors
- Executive Committee
- Public Policy Committee and Workgroups
- Finance Committee
- Affiliation Committee
- Board Development Committee

April 1, 2015—March 31, 2016
What Local NAMI Affiliates Do
Local affiliates provide local education, support and outreach programs and advocate for local and statewide mental health systems, subject to standards and with guidance from the national and state NAMI organizations. Affiliates are responsible for recruiting NAMI members.

How NAMI Maryland supports affiliates
According to national NAMI guidelines, the state organization oversees the maintenance, productivity and structure of NAMI affiliates in Maryland. NAMI Maryland works to provide programs, trainings, outreach materials, and assistance to affiliates to help grow and expand NAMI presence at the local level. NAMI Maryland is also working to move local affiliates through the reaffiliation process, required by NAMI. We strive to grow our capacity to meet those lofty goals.

What is Reaffiliation?
NAMI Affiliates are moving through a multi-step reaffiliation process. Those that wish to remain independent, incorporated organizations will need to demonstrate their commitment and capacity to meet basic organizational and NAMI-specific standards. They will undergo a document review to evaluate organizational standards. Then, these affiliates will be assessed according to the NAMI Standards of Excellence, which includes categories and practices that describe how to grow strong while operating legal, ethical and accountable organizations. NAMI Maryland will work with each affiliate to identify the resources needed to grow and achieve strategic goals.

Those affiliates that choose to focus primarily on delivering NAMI programs, outreach and advocacy in their communities and whose volunteer leaders do not wish to “run an organization” are going through a process where they will be absorbed as NAMI Maryland “programs” They will retain their NAMI name, i.e. NAMI “{XXXX county}”.

The state organization must grow its capacity to:
- Assess NAMI affiliate current organizational status, as well as growth and development capacity
- Ensure the affiliate is operating in an up-to-date manner with appropriate programs and training
- Confirm affiliates are actively engaged in their community and programs and services are effective
- Assist with meeting the NAMI Standards of Excellence
- Provide assistance, training, and resources
- Endorse each NAMI Affiliate for re-affiliation with NAMI, with conditions as necessary

NAMI, the National Alliance on Mental Illness, is a national movement. The national organization, state organizations in every state, and local affiliates work collaboratively to raise awareness and provide essential and free education and support group programs, community outreach and education, and systems advocacy.
Fiscal Year 2016 Financials

NAMI Maryland Statement of Activities
For the twelve months ending March 31, 2016 (Preliminary & Unaudited)

<table>
<thead>
<tr>
<th>REVENUES:</th>
<th>FY 2016 Actuals (unaudited)</th>
<th>FY 2016 Budget</th>
<th>Dollar Variance CY Actuals to Budget</th>
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<tbody>
<tr>
<td>Grants &amp; Contracts</td>
<td>$314,215</td>
<td>$331,023</td>
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<tr>
<td>Contributions</td>
<td>67,833</td>
<td>61,500</td>
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<td>Combined Charity Campaigns</td>
<td>16,823</td>
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<td>Membership Dues</td>
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<td>11,425</td>
<td>(1,706)</td>
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<td>NAMIWalks, net (Income $199,247 net of expenses $101,872*)</td>
<td>97,375</td>
<td>95,000</td>
<td>2,375</td>
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<tr>
<td>Fees for Service</td>
<td>689</td>
<td>3,000</td>
<td>(2,311)</td>
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<tr>
<td>Program Events &amp; Development</td>
<td>59,450</td>
<td>61,500</td>
<td>(2,050)</td>
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<tr>
<td>Sales</td>
<td>610</td>
<td>1,000</td>
<td>(390)</td>
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<tr>
<td>Investment Income</td>
<td>(3,401)</td>
<td>3,000</td>
<td>(6,401)</td>
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<tr>
<td>Miscellaneous Income</td>
<td>264</td>
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<td>264</td>
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<tr>
<td>Net Assets Released from Restriction</td>
<td>0</td>
<td>0</td>
<td>0</td>
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<td><strong>Total Revenues</strong></td>
<td><strong>$563,577</strong></td>
<td><strong>$581,448</strong></td>
<td><strong>($17,871)</strong></td>
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<table>
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<th>EXPENSES:</th>
<th>FY 2016 Actuals (unaudited)</th>
<th>FY 2016 Budget</th>
<th>Dollar Variance CY Actuals to Budget</th>
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</thead>
<tbody>
<tr>
<td>Salaries &amp; Benefits</td>
<td>$329,563</td>
<td>$334,482</td>
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<td>Contracted Services</td>
<td>73,459</td>
<td>82,110</td>
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<td>Program Training Expenses</td>
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<td>43,385</td>
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<td>Program Events &amp; Development</td>
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<td>Educational Materials</td>
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<td>Furniture &amp; Equipment Related Expenses</td>
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<td>Office Supplies &amp; Postage</td>
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<td>Travel</td>
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<td>Printing (external)</td>
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<td>Dues &amp; Subscriptions</td>
<td>3,197</td>
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<td>General &amp; Administrative</td>
<td>5,294</td>
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<td>Merchandise for Resale</td>
<td>0</td>
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<td>(100)</td>
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<td>Communications</td>
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<td>Insurance</td>
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<td>Occupancy (Rent, Utilities, Repairs &amp; Maintenance)</td>
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<td>Leasehold Improvements</td>
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<td><strong>Total Expenses</strong></td>
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<td><strong>$597,240</strong></td>
<td><strong>($15,508)</strong></td>
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<td><strong>Net Income/(Loss)</strong></td>
<td><strong>($18,155)</strong></td>
<td><strong>($15,792)</strong></td>
<td><strong>($2,363)</strong></td>
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* Expenses include affiliate payments of $73,050 and NAMI's Walk fees of $18,925
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<tr>
<th>Donor Name</th>
<th>Amount</th>
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<td>BHS Baltimore</td>
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<td>Leonard and Helen R. Stulman Charitable Foundation</td>
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<td>The Charles Crane Family Foundation</td>
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<td>Motorola Solutions Foundation</td>
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<td>The Jacob and Hilda Blaustein Foundation</td>
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<td>The Meigs Family</td>
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<td>PhRMA Foundation</td>
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<td>The Progress Family Foundation</td>
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<td>Louis B., II and Josephine L. Kohn Family Foundation</td>
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<td>National Institute of Mental Health Trust (directed by John Kessler)</td>
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<td>Charles McNamara</td>
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<td>Ameritox</td>
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<td>Community Foundation of the Eastern Shore</td>
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<td>Paul Honke</td>
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<td>The Generous Donors of the IBM</td>
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<td>Carolyn Knight</td>
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<td>Susan Conley</td>
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<td>Eugenia Barnett</td>
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<td>Judith Sachwald</td>
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<td>The Anne R. Eckfeldt Fund</td>
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<td>Ton Gardiners</td>
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<td>Jim Humphrey, Jr.</td>
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<td>Don Reed</td>
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<td>Frank Fillmore</td>
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<tr>
<td>David Pines</td>
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<td>Linda Matheny</td>
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<tr>
<td>Carole Spurrier</td>
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<tr>
<td>Beacon Health Options</td>
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<tr>
<td>Diane Sapi</td>
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<td>M. Sigmund and Barbara K. Shapiro</td>
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<tr>
<td>Philanthropic Fund</td>
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<td>Fiona Grant</td>
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<td>Dale Lawrence</td>
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<td>Roz Dove</td>
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<td>Suzanne Harvey</td>
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<td>Bernard Kanstoroom</td>
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<td>C.H. Lanzi</td>
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<td>Wendell and Jo Ann Mohr</td>
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<td>Dorothy Eppard</td>
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<td>Margaret O. Cromwell Family Fund</td>
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<td>Fanta Aw</td>
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<tr>
<td>Robert Blankfeld</td>
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<td>Kittmaqundi Community Inc.</td>
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<td>Nancy Stivers</td>
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<td>Steve Gray</td>
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<td>Lainie Surette</td>
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<td>Donald &amp; Barbara Fairfield</td>
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<td>Norma Killebrew</td>
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<td>Donald &amp; Janet Boardman Family Fund</td>
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<td>Sree Kumar</td>
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<td>W. Daniel Hale</td>
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<td>Bruce &amp; Debbie Bentcover Donor</td>
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<tr>
<td>Dana Buchman</td>
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<tr>
<td>Kate Spade &amp; Company Foundation</td>
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<tr>
<td>Steven Sharfstein</td>
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</table>

This list includes only donations made directly to NAMI Maryland. It does not include donations to the NAMIWalks, as those donations are split with affiliates and wouldn’t give an accurate or fair representation of money received by NAMI Maryland.

Every effort has been made to include the names of all major donors to NAMI Maryland for FY 2016. We have not included anonymous donors. We apologize for any names inadvertently omitted.
Board Members who served during FY2016

Chris Griffin, President
Kim Ward, 1st Vice President
Moira Moynihan, 2nd Vice President/Secretary
Ton Gardeniers, Treasurer
Bob Blankfeld
Roz Dove
Steve Gray
Argin Hutchins
Zereana Jess-Huff
Carolyn Knight
Matt Myers
Dell Palmer
Mike Perez
Arlene Saks-Martin
Don Slater
Deneice Valentine
Ellen Weston
Jared Wilmer

Operations

Kate Farinholt, JD, Executive Director
Mary Fornoff, CPA, Finance and Accounting
Jessica Honke, MSW, Policy and Advocacy Director
Kristin Knott, BA, Program and Training Coordinator
Ilisa Oman, MA, Communications and Outreach Events Coordinator
Elizabeth Bloom, MBA, Administrative Coordinator
Deneice Valentine, Program Associate
Jessica Wong, BA, Program and Training

Interns

Courtney Chan, University of Maryland
Jessica Barker, UMBC
Kayonnoh Doe, UMBC
Leah Lord, UMBC
Paula DaSilva, University of Maryland
Nicole Lanciotti, UMBC
Jasmine Kim, University of Maryland
Alexandra Ondrejcak, Stevenson University
Ceara Scanlon, Washington College
Mitchell Chan, Ohio State University
Mary Hartman, UMBC
Wajiha Khan, University of Maryland
Elizabeth Solinas, UMBC
Alexandra Broadway, Stevenson University
Kelley Ensko, University of Baltimore
Bree Bowings, University of Baltimore
Tracy Kamen, Washington College
Caroline Cone, University of Maryland
Yulanda Blackston, Wilmington University
Porsche Dorsey, University of Baltimore
Andrew Nhan, UMBC
Sarah Sexton, Towson University

And thank you to our many volunteers! NAMI volunteers are actively working with NAMI Maryland in every part of our state.

Laveet Aulakh, Catherine Bell, Arna Clark, Sarah Crimmins, Alva DeJarnett, Brittani Hairston, Howard Isaacs, Laura Kay-Roth, Ilan Komrad, Nisse Lee, Kathleen Mansheim, Gertie Wilson, Carol van Vlaanderen
Our Mission

The mission of NAMI Maryland is to improve the quality of life for individuals and their families coping with mental illness. We are dedicated to providing education, support and advocacy for persons with mental illnesses, their families and the wider community.

Our Passion and Promise

It is our core principle that empowering family members and individuals is a critical factor in recovery, and a potent force in providing community education and bringing about systemic change. NAMI Maryland is a unifying voice and a skilled provider of knowledge and skills at the grassroots level. NAMI Maryland promises to work to build better lives.

NAMI Maryland’s workplace charity numbers

4186- The United Way of Central Maryland
80114- CFC of the Chesapeake Bay Area and National Capital Area
5697- Combined Charity Campaign for Baltimore City
4900- Maryland Charity Campaign

Let us know if you workplace has a grant or matching gift program.
NAMI Affiliates in Maryland

NAMI Anne Arundel County
NAMI Carroll County
NAMI Cecil County
NAMI Frederick County
NAMI Harford County
NAMI Howard County
NAMI Lower Shore
NAMI Metro Baltimore
NAMI Montgomery County
NAMI Prince George County
NAMI Southern Maryland
NAMI Washington County