The National Institute of Mental Health estimates that 18.3% of people in the United States have a mental illness in any year. The World Health Organization estimates that one in five adults are affected by mental illness.

Mental illness is an issue for all Marylanders. Individuals and families must cope with stigma, a confusing and often inadequate service delivery structure, ignorance about local resources, and quite simply, trauma. Mental illness can lead to lost productivity, poverty, homelessness, incarceration and broken family relationships. Mental illness affects the individuals, the family and the community. But with support and education, adequate and accessible services and a caring community, individuals and their families can live full, satisfying lives.

NAMI Maryland meets this challenge directly by conducting extensive outreach, support and education — in-person and through various media; a helpline; grassroots advocacy; and many other activities. We meet this challenge by working with and strengthening local affiliates to help them function effectively to offer education and support programs and advocate at the local level, and by collaborating with, and leveraging, the many networks and organizations with which we could.

The values that inform all NAMI Maryland actions include:

- **Families and individuals with mental illness** are the experts. We can use our personal experience to improve systems and to provide community outreach and education.
- **Effective peer-based, recovery-oriented programming and services.** Proven NAMI programs are led by intensively trained family members and individuals with mental illness for their peers.
- **Volunteers and community partners.** We leverage the power and networks of volunteers and community partners to spread NAMI’s message of hope and effective advocacy.
- **NAMI values confronting the profound injustices associated with mental illness.** NAMI fights hard against these injustices and organizes itself to be most effective in creating positive change.
- **NAMI also values diversity, inclusion and cultural competence.** Our strength is the rich variety among us. We celebrate both our commonalities and our differences as we pursue our shared goals.

Our core activities include:

- **Internet and Toll-Free Statewide Helpline:** We field many requests for information and support through an internet and phone “warm line”, providing hope and useful information and linkage to support and resources.
- **Peer Education and Support:** We offer effective, FREE peer education and support programs, delivered at the local level directly and in collaboration with local NAMI affiliates.
- **Community Outreach and Education:** We provide effective community education and outreach directly and in collaboration with local affiliates, community partners and networks.
- **Policy & Advocacy for Systems Improvement:** We identify and work on critical issues of importance to our stakeholders, in collaboration with our national organization, local NAMI affiliates and many advocacy partners.
- **Affiliate Development and Assistance:** We provide services and consultation to 11 local affiliates and several emerging NAMI groups across the state, furthering our common mission.
- **Improving Organizational Governance and Operations:** We work toward sustainability and effectiveness.

NAMI Maryland and its affiliates move the NAMI mission forward through the extraordinary work of volunteers and leaders across the state. Individual members and community partners leverage their networks to expand our reach!

More work needs to be done. Join with us to improve the quality of life for individuals with mental illness and their families.
Seven NAMI Basics courses were held, enrolling 58 individuals.

NAMI Peer Education & Support Programs

NAMI Peer Education and Support Programs are best practice education courses and support groups provided for and by peer. NAMI accepts peer support as the best practice model, where families and individuals with mental illness are the experts.

NAMI Maryland provides the trainings for family members and individuals living well with mental illness to become support group facilitators, signature program teachers, and presenters. After being trained by NAMI Maryland, these individuals deliver NAMI programs in their local communities at the affiliate level.

NAMI Maryland supports local affiliates in delivering signature programs across the state. We assist local affiliates with program planning, recruitment, community outreach and problem-solving when needed.

NAMI Maryland coordinates statewide outreach and offers programs in underserved parts of the state. We coordinated multiple 2 Homefront courses and 2 Peer-to-Peer courses in Harford County and Baltimore through the Veterans Administration.

In FY 2018, 138 individuals with mental illness and family members from across Maryland were trained to facilitate NAMI support groups and teach NAMI education courses.

We also resourced many additional teachers and facilitators who were initially trained in prior years.

In FY 2018, 138 individuals with mental illness and family members from across Maryland were trained to facilitate NAMI support groups and teach NAMI education courses.

Over 46 trained teachers and mentors led more than 25 peer education courses, enrolling 554 individuals.

Six Peer-to-Peer courses were held, with an enrollment of 60 individuals.

Nine Family-to-Family courses were held, enrolling 183 family members.

Seven NAMI Basics courses were held, enrolling 58 individuals.

NAMI Family-to-Family is a free 12-session education and skills course for families taught by intensively trained relatives who have taken the course.

NAMI Peer-to-Peer is an 8-session education program for people with mental health conditions. The course is taught by intensively trained individuals who have “been there” and who have taken the course.

NAMI Basics is a 6-session education and skills course for caregivers of children with behavioral health issues, taught by intensively trained peers.

NAMI Connection Recovery Support Group is a structured problem-solving support group for individuals with mental illness, facilitated by intensively trained peers.

NAMI Family Support Group is a structured problem-solving support group for family and close friends, facilitated by intensively trained family members who have “been there.”

NAMI Homefront is a free 6-session education course for family members, friends and caregivers of service members and veterans living with mental illness, covering topics like post-deployment and post-discharge transitions.

“I am more willing to share [my] experiences.”

Peer to Peer Participant

Thank you to the many dedicated teachers, mentors, facilitators, presenters and trainers who make all of these programs possible!
Internet and toll-free statewide helpline: NAMI Maryland handles requests for information and support through an internet and phone “warm line”. We provide useful information and link people to support and resources. Our calls and internet requests have greatly increased as our community outreach and visibility continues to make an impact. The helpline is often the first contact people have with NAMI. We work very hard to make sure they get a helpful and caring response.

We will continue to focus attention on this important area of service.

To meet the increased need this year we have continued to:

- Recruit new volunteers to help answer phone and online requests for support and information.
- Develop updated resource materials to meet common requests for information.
- Provide helpline training workshops for staff, as well as incoming interns and volunteers. In these classes, trainees focus on listening skills and learn how to answer common questions.

Plans for the future: We are developing an array of resources and responses that can easily be used for our many helpline requests.

NAMI Workshops by Core Stakeholders: Training Program Graduates to Deliver Workshops

NAMI Maryland offers trainings for individuals and family member graduates of our local peer programs to deliver effective scripted workshops using their personal experience for a variety of audiences including:

- the general public
- emergency responders
- criminal justice personnel
- faith congregations and leaders
- school personnel
- health providers
- social service providers
- behavioral health providers

Over 254 In Our Own Voice presentations were held, reaching 3,307 individuals.

NAMI In Our Own Voice—a presentation about living with mental illness, is facilitated by intensively trained individuals who use their personal experience in a structured workshop for the community, providers and others living with mental illness.

Ambassadors—Graduates of NAMI programs for family members are intensively trained to deliver multiple workshops, including:

- Basics About Mental Illness
- Engaging and Working Effectively with Families
- Caring for Every Child’s Mental Health
- Working with Families in Crisis (for police and emergency staff)
- Improving Patient and Family Experience in the Emergency Department

Also available:

- What is Recovery? A new workshop delivered by trained individuals with mental illness and family members
- Raising Mental Health Awareness: College campuses
- Sharing Hope: Faith communities
- Ending the Silence: K-12 school communities

Thank you to the dedicated presenters, trainers, and numerous outreach volunteers and partners who make our expanding community education and outreach possible!

April 1, 2017—March 31, 2018
NAMI Maryland provides effective community education and outreach directly, and in collaboration with local affiliates, community partners and networks.

Our outreach activities are varied and vigorous, targeting every part of the state. In addition to 11 community based affiliates, several groups working toward affiliate status, and NAMI on Campus groups, we work with a network of more than 47,000 individuals and organizations from every socioeconomic, racial, ethnic, professional and community audience who share our interests and mission.

In addition to NAMI outreach programs presented by trained family members and individuals with mental illness, we offer:

- **Annual Two Day Multi-Track Conference**
- **Annual NAMIWalks Maryland**
- **An increasing online presence** through social media, e-news, action alerts and an expanding website.
- **Newsletter** — We mailed quarterly newsletters to paid members, posted them online, and distributed through our partners and networks.
- **Print Resource Materials** provide useful and practical information distributed through the helpline and outreach.
- **Media** — We consulted regularly with media this year, including the Washington Post, NPR Radio, WBAL-TV, and many other media outlets.
- **Free Teleconferences and Webinars** on topics of interest.
- **Surveys and Reports** — Learning from our stakeholders.
- **Participation in Events** — NAMI Maryland staff and volunteers attended and provided displays and resource materials at more than fifty community events across Maryland.
- **Viral Grassroots Marketing & Outreach** — Our stakeholders, many supporters and partners help us by leveraging their networks to get the word out!

**Workshops and Trainings:**

This year, we provided more than 38 special presentations and supplemental resources to different audiences throughout the state including local government agencies, community organizations, civic organizations, professional organizations, faith leaders and congregations, emergency room staff, corrections officers, universities, education staff, parents, students, behavioral health service providers, social service agencies, and multicultural forums.

- **Some of the topics included:**
  - Hearing Voices: Understanding the Strength and Resilience of those with Mental Illness
  - Identifying and Effectively Engaging Families
  - What is Recovery?
  - The Uncertain Journey: Families and Mental Illness
  - Effective Police Response to Mental Illness
Advocacy for Policy and Systems Change

NAMI Maryland’s Policy Platform states our long-term values, policy positions and objectives that are fundamental to creating a comprehensive mental health system that is built on solid scientific evidence and recovery-focused. The Policy Platform is used to develop our annual Advocacy Priorities, which provide focus for our grassroots advocacy efforts; including current opportunities to improve state and federal mental health laws, broaden public awareness about mental illness, and increase NAMI Maryland’s visibility and impact. The following priorities outline key objectives for improving access to timely and effective treatment for individuals with mental illness and their families:

◆ Protect and expand access to timely and effective mental health treatment and services in the FY 2019 Maryland State Budget
◆ Ensure insurance marketplace reforms include mental health and substance use disorder coverage at the same level (parity) as other health conditions in every health plan.
◆ Reduce legal and other barriers that prevent access to timely and effective services for individuals with mental illness and their family member and/or caregivers
◆ Improve the criminal justice system’s response to individuals with mental illness and increase diversion efforts from criminal justice to community services.

“A constituent’s untenable experience with HIPPA provisions inspired me to spearhead a bill to remove restrictive barriers on releasing health information. With the support of NAMI Maryland, the bill unanimously passed the General Assembly. Families will now be able to determine that a loved one has been admitted to a facility or is receiving care in an emergency setting without having to file a missing person’s report.”

- Delegate Geraldine Valentino-Smith (District 23A)

2018 Advocacy Day

On February 22, 2018 NAMI Maryland held its annual Advocacy Day in Annapolis. Over ninety NAMI Maryland members and supporters from around the state traveled to Annapolis to meet with their elected officials. Coordination between NAMI Maryland and local NAMI affiliates significantly contributed to the day's success. Every member of the General Assembly was hand-delivered a packet of information outlining NAMI Maryland’s 2018 Advocacy Priorities. Once our legislative visits were complete, NAMI Maryland members and supporters joined 350+ advocates at a rally to stand up for the more than 1 million Marylanders who live with a mental illness or substance use disorder.
2018 General Assembly: Wins and Successes

NAMI Maryland achieved several significant wins during the 2018 General Assembly session that advanced our goal of ensuring that individuals with mental illness and their families can access comprehensive behavioral health care in Maryland.

- **SB539 (Senator Lee)/HB786 (Delegate Lewis):** HB786/SB539 would prohibit the placement of certain vulnerable inmate populations for placement in restrictive housing (solitary confinement). The definition of “vulnerable inmate” includes individuals with a serious mental illness. HB786 was amended and passed the House. The amendments specify that to the extent reasonably possible, DPSCS shall adhere to the standards of the American Corrections Association for Restrictive Housing, in state correctional facilities. ACA standards provide stronger protections, but for fewer populations, but they include individuals with SMI.

- **SB703 (Klausmeier)/HB1092 (Rosenberg):** These bills would establish a state Behavioral Health Crisis Response Grant Program to provide funds to local jurisdictions, in order to establish and expand community behavioral health crisis response systems. SB703 was amended to include additional co-sponsors and was passed by the Senate. HB1092 was amended and passed the House. As amended, HB1092 requires the Governor to provide funding in the State operating budget for the program: (1) $3.0 million for fiscal 2020; (2) $4.0 million for fiscal 2021; (3) $5.0 million for fiscal 2022; (4) $8.0 million for fiscal 2023.

- **SB765 (Senator Mathias)/HB772 (Delegate Hayes):** SB765/HB772 would authorize Medicaid, beginning January 1, 2020, subject to the limitations of the State budget, to provide clinical services provided by certified peer support recovery specialists to individuals with substance use or mental health disorders. These bills were amended and passed by their respective chambers. The bills, as amended, require the Secretary of Health to convene a stakeholder workgroup to study and make recommendations on the reimbursement of certified peer support recovery specialists.

- **HB33 (Delegate Lam):** This bill would allow a disabled person, under guardianship to apply for voluntary admission to a facility for the treatment of a mental disorder. Currently, Maryland law prohibits individuals, as well as their guardians, from gaining voluntary admissions, even when the individual agrees to that admission. NAMI Maryland supported this bill with an amendment that would require the guardian be notified that the individual was voluntarily admitted. While the bill ensured notice upon discharge, NAMI Maryland successfully argued that it is extremely important that notification is provided to the guardian upon admission. It is vital that guardians, who are often family members, are part of treatment discussions, whenever possible and appropriate. The bill, which included the amendment offered by NAMI Maryland, passed the House.
Over 120 people gathered on October 27-28 for our annual conference. The conference offered two days’ of practical and skill-building workshops for individuals with mental illness, family members, mental health service providers, community leaders, individuals working in criminal justice, and local NAMI leaders.

Plenary speakers on both days updated us about mental health programming and corrections, as well as suicide prevention programs, and health care reforms. Plenary speakers included:

- **Dr. Mark Komrad, M.D.**, Psychiatrist and Faculty Member at Sheppard Pratt and the University of Maryland
- **Stuart Yael Gordon, Director of Policy and Communications**, National Association of State Mental Health Program Directors
- **Belinda Frankel, Forensic Mental Health Program Manager**, Mid-Shore Behavioral Health

There were more than 25 workshops presented which covered a wide variety of topics. Workshops included suicide prevention, housing options and resources, children and adolescent issues, best treatments for various disorders, crisis response services, and more. The Royal Riddick Lifetime Achievement Award was awarded to Ron Honberg for his selfless dedication to improving the lives of people with mental illness and their families. Samantha Bushee was awarded “NAMI Connection Support Group Leadership Award”.

Attendees also had the opportunity to receive information and resources from 22 exhibitors.

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**2017 NAMIWalks Maryland**

On May 20, 2017 over 1,500 people showed up to participate in the 15th Annual NAMIWalks Maryland at West Shore Park in the Inner Harbor.

NAMI Maryland is part of the largest education and fundraising effort for mental health in the United States. Local NAMI affiliates in Maryland partner with us to energize individuals and organizations across the state, and the funds raised help us and our affiliates continue to offer our free support and education programs.

Saran Baker from our partner Alpha Kappa Alpha (AKA) sorority spoke about the combined efforts of AKA and NAMI to raise mental health awareness in the African-American community. Michael Teitelbaum from NAMI Metropolitan Baltimore read the proclamation from Mayor Stephanie Rawlings-Blake, while Secretary Carol Beatty of the Department of Disabilities read the Proclamation from the Governor. Miss Eastern Shore, Emily Gallagher, spoke about her platform, Severe Adolescent Depression and her struggle with it. Renee Cohen brought greetings from our Walk’s Honorary Chairpeople, Senator and Mrs. Ben Cardin.

Participants stayed around after the walk to hear music from DJ Sprang Int’l and to visit our many exhibit booths.

Thanks to those who walked and raised money by reaching out to their network of friends and family. We raised almost $200,000. You helped raise awareness about the vital work that NAMI does and helped to begin the public conversation about mental illness. We could not have done it without you!

The 2018 Walk was a GREAT SUCCESS! It will be highlighted in the 2019 Annual Report.
2017 Sponsors

Annual Conference Sponsors

Gold—$5,000
Sheppard Pratt Health System

Titanium—$2,500
Behavioral Health System Baltimore
Kaiser Permanente
Otsuka Pharmaceuticals

Silver—$1,000
Community Behavioral Health Association of Maryland

Bronze—$500
Baltimore Crisis Response, Inc.
Family Services Inc.
Hudson Health Services, Inc.
Maryland Center of Excellence on Problem Gambling
Maryland Coalition of Families
Partnership Development Group
Sharon Christie Law
Sunovion

NAMIWalks Maryland Sponsors

Gold—$5,000
Alkermes
CIGNA
The Whiting-Turner Contracting Company

Silver—$2,500
Sheppard Pratt Health System
Behavioral Health System Baltimore
Howard County General Hospital
University of Maryland
Emergency Medicine Network
Novartis Pharmaceutical Corporation
Otsuka Pharmaceuticals

Start/Finish Line—$1,500
Magellan Health Inc.
Takeda Pharmaceuticals U.S.A., Inc. & Lundbeck
University of Maryland Medical System

Bronze—$1,000
Bo’s Effort
Help In the Home, LLC
Janssen Pharmaceuticals, Inc.

Supporter—$500
Center for Child & Family Traumatic Stress at Kennedy Krieger Institute
CooperRiis Healing Community
Dr. Brad Sachs
Ellin & Tucker
Elville and Associates, P.C.
Humphrey Management
Improve Your I.T.
Johns Hopkins Medicine
Maryland School of Psychologists’ Association (MSPA)
Powers Pyles Sutter & Verville
Suburban Hospital
Sunovion
University of Maryland Psychiatry
University of Maryland System
Wawa

In Kind Donations
Mental Health Administration
Wegmans
CVS
Frederick Keys
Liberty Mountain Resort
AMC Theatres
Applebee’s
Baltimore Orioles

Kilometer—$250
Maryland Foundation for Psychiatry
Weyrich, Cronin & Sorra
Empowered Walking Enterprise
ezStorage
Holiday Inn Solomons

Kennedy Krieger Institute
Maryland Health Connection
The Brick Companies Foundation
The Fillmore Group
GOVERNANCE

The basic goals and direction of NAMI Maryland's previous strategic plan were enhanced, clarified and finalized October 22, 2017. The plan is being operationalized with consideration to priorities, timing and increasing capacity to achieve the plan. The plan and operationalized companion documents are reviewed regularly by the staff and board to stay focused on pursuit and accomplishment of those goals and objectives.

A key goal of NAMI Maryland’s strategic plan is: “NAMI Maryland will strengthen organizational governance by developing an effective, diverse and engaged board with well-defined roles and functioning committees.” We pursue that goal and its stated objectives by employing best-practice governance structures and processes.

As NAMI absorbs 6 “Model B” local affiliates into the operations of the state organization, we will be exploring ways to include this fact into our governance.
The state organization must grow its capacity to:

- Assess each NAMI affiliate’s current organizational status, as well as growth and development capacity
- Ensure each affiliate is operating in an up-to-date manner with appropriate programs and training
- Confirm affiliates are actively engaged in their community and programs and services are effective
- Assist with meeting the NAMI Standards of Excellence
- Provide assistance, training, and resources
- Endorse each NAMI affiliate for re-affiliation with NAMI, with conditions as necessary

What Local NAMI Affiliates Do

The 11 local affiliates in Maryland offer educational programs, support and outreach. Affiliates, with the help of NAMI Maryland, advocate for local and statewide mental health systems.

What is Re-affiliation?

Re-affiliation is a process created by NAMI in order to ensure that all local affiliates are meeting the Standards of Excellence as outlined by the organization. Affiliates have the option of pursuing two different models when going through this process. Our Model A affiliates are independent, incorporated organizations that are able to meet the NAMI Standards without the assistance of NAMI Maryland. Aspiring Model A affiliates undergo a thorough document review to assess legal compliance and organizational standards. Upon passing a document review, Model A affiliates must display a strong commitment to meeting the NAMI Standards of Excellence. Most of our Model A affiliates operate at a high capacity with paid staff and active boards.

The Model A affiliates include:

- NAMI Anne Arundel County
- NAMI Howard County*
- NAMI Metropolitan Baltimore*
- NAMI Montgomery County
- NAMI Prince George’s County

Affiliates that prefer to focus on programs and outreach, but do not have staff to run the daily operations, can become a Model B affiliate. All Model B affiliates are integrated into the NAMI Maryland structure, so their finances and governance are the responsibility of the state organization. This allows volunteer leaders to focus on what they love most: helping those affected by mental illness. The Model B affiliates include:

- NAMI Carroll County*
- NAMI Frederick County
- NAMI Harford County
- NAMI Kent & Queen Anne’s County*
- NAMI Lower Shore
- NAMI Southern Maryland

* Affiliates who have achieved re-affiliation

NAMI, the National Alliance on Mental Illness, is a national movement. It is made up of a national headquarters, state organizations in every state, and DC, and local affiliates that work together to build better lives for the millions of Americans affected by mental illness.
**Fiscal Year 2018 Financials**

NAMI Maryland Statement of Activities
For the twelve months ending March 31, 2018 (Preliminary and Unaudited)

<table>
<thead>
<tr>
<th>REVENUES:</th>
<th>FY 2018 Actuals (unaudited)</th>
<th>FY 2018 Budget</th>
<th>Dollar Variance CY Actuals to Budget</th>
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<tbody>
<tr>
<td>Grants &amp; Contracts</td>
<td>$355,224</td>
<td>$321,000</td>
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<tr>
<td>Contributions</td>
<td>107,188</td>
<td>79,000</td>
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<td>Combined Charity Campaigns</td>
<td>16,663</td>
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<td>Membership Dues</td>
<td>9,663</td>
<td>7,000</td>
<td>2,663</td>
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<td>NAMIWalks, net (Income $193,698 net of expenses $108,154*)</td>
<td>85,544</td>
<td>96,000</td>
<td>(10,456)</td>
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<td>Fees for Service</td>
<td>4,800</td>
<td>35,000</td>
<td>(30,200)</td>
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<td>Program Events &amp; Development</td>
<td>64,140</td>
<td>101,000</td>
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<tr>
<td>Sales</td>
<td>225</td>
<td>200</td>
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<td>Investment Income (includes unrealized gains/losses)</td>
<td>24,341</td>
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<td>22,341</td>
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<td>Miscellaneous Income</td>
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<td>Temporarily Restricted Net Assets Released from Restriction</td>
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<td><strong>Total Revenues</strong></td>
<td>$673,513</td>
<td>$661,200</td>
<td>$12,313</td>
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<table>
<thead>
<tr>
<th>EXPENSES:</th>
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</thead>
<tbody>
<tr>
<td>Salaries &amp; Benefits</td>
<td>$378,528</td>
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<td>Contracted Services</td>
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<td>Program Training Expenses</td>
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<td>Program Events &amp; Development</td>
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<td>Educational Materials</td>
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<td>Furniture/Equipment &amp; Related Expenses</td>
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<td>Office Supplies &amp; Postage</td>
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<td>Travel</td>
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<td>Printing (external)</td>
<td>1,564</td>
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<tr>
<td>Dues &amp; Subscriptions</td>
<td>8,320</td>
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<td>General &amp; Administrative</td>
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<td>Merchandise for Resale</td>
<td>363</td>
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<td>Communications</td>
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<td>Insurance</td>
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<td>Occupancy (Rent, Utilities, Repairs &amp; Maintenance)</td>
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<td>Depreciation Expense</td>
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<td>6,685</td>
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<td><strong>Total Expenses</strong></td>
<td>$614,411</td>
<td>$681,210</td>
<td>($66,799)</td>
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</tbody>
</table>

| Net Income/(Loss)                     | $59,102                     | ($20,010)      | $79,112                             |

* Expenses include affiliate payments of $75,634 and NAMI's Walk fees of $17,870. Expenses do not include expenses such as salary and contractual costs that are included in other expense lines.
<table>
<thead>
<tr>
<th>Name of Donor/Group</th>
<th>Donation Amount</th>
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<td>BHS Baltimore</td>
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<td>The Harry and Jeanette Weinberg Foundation Inc.</td>
<td>$30,000</td>
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<td>The Jacob and Hilda Blaustein Foundation</td>
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<td>The Charles Crane Foundation</td>
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<td>Jim and Linda Humphrey Foundation</td>
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<td>Louis B., II and Josephine L. Kohn Family Foundation</td>
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<td>Motorola Solutions Foundation</td>
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<td>Gordon Family CRUT</td>
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<td>National Institute of Mental Health</td>
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<td>Office on Mental Health of Harford County</td>
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<td>The Progress Family Foundation</td>
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<td>William Wrench</td>
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<td>Carroll County Health Department</td>
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<td>Jason Nichols</td>
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<td>NAMI</td>
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<td>Carolyn Knight</td>
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<td>Douglas McDaniel</td>
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<td>Jane Sanders</td>
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<td>Warren Cross Charitable Foundation</td>
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<td>Northrop Grumman Corporation Charity Trust (directed by John Kessler)</td>
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<td>Eugenia Barnett</td>
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<td>Gail Cooper and Carl Stahle Charitable Fund</td>
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<tr>
<td>Don Slater</td>
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<tr>
<td>Catherine Brennan</td>
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<td>Frank Fillmore</td>
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<tr>
<td>James Fullerton</td>
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<tr>
<td>Ton Gardeniers</td>
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<tr>
<td>Rene &amp; Marilyn Grace</td>
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<tr>
<td>William &amp; Margaret Greer</td>
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<tr>
<td>Penelope Pestle</td>
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<tr>
<td>Debbie Photiadis</td>
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<td>Donald Reed</td>
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<td>SMECO Electric Coop</td>
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<td>The Anne R. Eckfeldt Fund (InFaith Community Foundation)</td>
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<td>Susan Rector</td>
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<tr>
<td>Dorothy Eppard</td>
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<tr>
<td>Alexis Brown</td>
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<td>Garth Thompson</td>
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<td>Alvin Blank</td>
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<td>Bob Blankfeld</td>
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<tr>
<td>Dana Buchanan</td>
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<td>Estate of Elizabeth D. McLeod</td>
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<td>Denise Evans</td>
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<tr>
<td>The Henry &amp; Ann Trent Foundation</td>
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<td>Bernard Kanstoroom</td>
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<tr>
<td>Kate Spade &amp; Company Foundation</td>
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<td>Cindy Kelly</td>
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<td>C.H. and Carol Lanzi</td>
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<td>Charles Myers</td>
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<td>Linda Pardoe</td>
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<td>Courtney Reiter</td>
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<td>Susan Scholl</td>
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<td>Carole &amp; Greg Spurrier</td>
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<tr>
<td>Sharon Stoliaroff and John Stewart, Jr.</td>
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<td>Lainie &amp; Ralph Surette</td>
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<td>Magellan Cares Foundation</td>
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<td>AmazonSmile Foundation</td>
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<td>Bernard Raiche</td>
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<td>Ellen Barton</td>
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<td>Kate Farinholt &amp; Michael Ward</td>
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<tr>
<td>David Kelling</td>
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<td>Michael &amp; Elizabeth Bloom</td>
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<td>Donald &amp; Janet Boardman Family Fund</td>
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<td>Donald &amp; Barbara Fairfield</td>
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<td>Jonathon &amp; Robyn Glass</td>
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<td>Steve Gray</td>
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<td>W. Daniel Hale</td>
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<tr>
<td>Norma Killebrew</td>
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<tr>
<td>Andrew G. Levy, Esq.</td>
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<tr>
<td>Heather Martinco</td>
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<tr>
<td>Power Solutions, LLC</td>
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<tr>
<td>Timothy Santoni</td>
<td>$250</td>
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<tr>
<td>Carol Schaengold</td>
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</table>
| This list includes only donations made directly to NAMI Maryland. It does not include donations to the NAMIWalks, as those donations are split with affiliates and wouldn't give an accurate or fair representation of money received by NAMI Maryland. Every effort has been made to include the names of all major donors to NAMI Maryland for FY 2018. We have not included anonymous donors. We apologize for any names that have been inadvertently omitted.
Board Members who served during FY2018

Joe Ashworth, President
Don Slater, 1st Vice President
Roz Dove, 2nd Vice President
Ton Gardeniers, Treasurer
Steve Gray, Secretary
Matt Myers, Secretary
Alexis Brown
Bob Blankfeld
Denise Evans
Carolyn Knight
Mike Perez
Frank Fillmore
Dell Palmer
Jean “JB” Moore
Bernard Raiche
Debbie Photiadis
Julia Tillery

Operations

Kate Farinholt, JD, Executive Director
Mary Barnard, CPA, Finance and Accounting
Danielle Fletcher, Administrative Assistant
Ilisa Oman, Communications and Outreach Events Coordinator
Keirstin Wilbert, MBA, Program and Training Coordinator
Elizabeth Bloom, MBA, Deputy Director
Chloe Swanson, Program and Training Coordinator
Deneice Valentine, Program Associate
Tracy Kamen, Organizational Development Coordinator

Interns

Irene Darko, UMBC
Larissa Meda, UMBC
Meghan Flynn, Virginia Tech
Nailah Turner, UMBC
Natasha Seam, UMBC
Nicholas Frye, Maryland University of Integrated Health
Caitlin Fogelsong, University of New England
Jenny Chen, UMBC
Victoria Dimoff, Towson University
Ronen Aniti, University of Texas at Austin
Semhal Selamawi, Towson University
Stephanie Iroanya, Towson University
Stephanie Meyers, Chicago School of Psychology
Tony Chen, UMBC
Yamarie Jack, UMBC
Caroline Dwyer, University of Maryland

And thank you to our many volunteers! NAMI volunteers are actively working with NAMI Maryland in every part of our state.

Jo Ann Hill, Jen Thompson, Arna Clark, Yolanda Garland, Ann Wilmer, Gertie Wilson
Our Mission

The mission of NAMI Maryland is to improve the quality of life for individuals and their families coping with mental illness. We are dedicated to providing education, support and advocacy for persons with mental illnesses, their families and the wider community.

Our Passion and Promise

It is our core principle that empowering family members and individuals is a critical factor in recovery, and a potent force in providing community education and bringing about systemic change. NAMI Maryland is a unifying voice and a skilled provider of knowledge and skills at the grassroots level. NAMI Maryland promises to work to build better lives.

NAMI Maryland’s workplace charity numbers

4186- The United Way of Central Maryland
80114- CFC of the Chesapeake Bay Area and National Capital Area
5697- Combined Charity Campaign for Baltimore City
521295484- Maryland Charity Campaign

Let us know if your workplace has a grant or matching gift program.
NAMI Affiliates in Maryland

NAMI Anne Arundel County
NAMI Carroll County
NAMI Frederick County
NAMI Harford County
NAMI Howard County
NAMI Kent and Queen Anne’s
NAMI Lower Shore
NAMI Metro Baltimore
NAMI Montgomery County
NAMI Prince George County
NAMI Southern Maryland